

Spotlight on Care of the Older Person Section

The past two years has seen a great resurgence in the Care of the Older Person Section. The section officers work in a variety of settings across Ireland and this aids us in meeting the complex needs of nurses working within this sector. Much of the section's focus is on education and better empowering and enabling nurses who work with older people in public, private and voluntary organisations. The inclusion of thematic inspections by HIQA, advanced care directives and dementia care are very topical issues at the moment.

Our annual conference is planned using the feedback of those who attended the previous year, so we can be sure it is meeting the needs of the nurses within the section. Throughout the year we incorporate educational workshops with our section meetings to encourage greater participation. We would encourage any nurses working in a care of the older person setting to affiliate to our section. There are currently 4,125 members in the section.

Section Officers

Chairperson



Eileen O'Keeffe
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Secretary



Margo Lydon
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Vice chairperson



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Affiliation Form for INMO Section Membership

Name: _____

INMO membership No: _____

Home Address: _____

Tel (work): _____

Tel (home/mobile): _____

Email: _____

Place of employment: _____

Job title: _____

Second section option (to obtain information only):

Forward completed form to:

Mary Cradden, membership services officer,
INMO, Whitworth Building, North Brunswick St, Dublin 7

Tick ONE relevant Section you wish to affiliate with

- | | |
|---|---|
| <input type="checkbox"/> Assistant Directors of Nursing/
Public Health Nursing/
Night Superintendents | <input type="checkbox"/> National Children's Nurses |
| <input type="checkbox"/> Care of the Older Person | <input type="checkbox"/> National Rehabilitation Nurses |
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Co-ordinators | <input type="checkbox"/> Nurse/Midwife Education |
| <input type="checkbox"/> CNM/CMM | <input type="checkbox"/> Occupational Health |
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| <input type="checkbox"/> Community RGN Nurses | <input type="checkbox"/> Orthopaedic |
| <input type="checkbox"/> Directors of Nursing/
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Nurses | <input type="checkbox"/> Student Allocation Liaison
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| | <input type="checkbox"/> Third Level Student Health
Nurses |

Care of Older Person conference

Robust presentations and thought provoking topics addressed

ANOTHER successful conference was held by the national Care of the Older Person Section in The Sheraton Hotel in Athlone.

The conference was attended by 170 nurses from the across the public, private and voluntary sectors.

The Athlone venue was chosen in order to best facilitate nurses travelling from all over Ireland.

As officers of the national Care of the Older Person Section we were energised and empowered by the enthusiasm of colleagues who attended the 2014 conference.

The programme for this year's conference was as a result of suggestions we received in feedback from last year's conference.

Robust presentations and thought provoking topics such as sexuality in older people,

responsive behaviours, the legal perspective of advanced care planning, fitness to practise and the challenges of the daycare setting were addressed.

The day was lively and interactive with numerous day-to-day scenarios discussed.

Feedback from those who attended has been invaluable and we are currently planning next year's conference with reference to the suggestions received.

We would like to thank the companies who supported the conference by taking trade stands. In particular we would like to thank Mundi Pharmaceuticals, which also sponsored educational seminars on chronic pain management in older people.

Eileen O'Keeffe,
Section chairperson



Pictured (l-r) at the Care of the Older Person conference were: Carmel McLoughlin; Anna Dembna; Teresa Diviney; and Vier Hreskova, who were all from Coral Haven Nursing Home, Galway



Pictured (l-r) at the Care of the Older Person conference were: Claire Mahon, INMO president and Joshua Odemefun

Retired Nurses and Midwives Section goes west

THIS year the April trip of the Retired Nurses and Midwives Section was to Sligo, the 'land of heart's desire'.

Brendan, our driver from McGinleys of Donegal, ensured that we had an action-packed experience, taking in many amazing sights and experiences.

On the first day, we were very lucky to have Lissadell House, former home of the Gore Booths, opened especially for us and we were guided around its many artefacts and treasures as well as the gardens.

'Great windows open to the south' – It was a short walk from there to view the majestic Glencar Waterfall. Following this we went on to Rosses Point for lunch. After lunch we went for a bracing walk that took in

the Metal Man Lighthouse and the 'Waiting on Shore' monument to those lost at sea.

The end of the day saw most of us up on our feet, dancing the night away!

The following day we crossed the border to Co Fermanagh to explore the Global Geo Park. The more adventurous among us – who were many – took the trip underground to view the Marble Arch Caves, including a boat trip through huge caverns along a subterranean river.

On the way home we stopped off to visit the Belleek Pottery Centre, finishing the day with dinner at our hotel The Glass House in Sligo, overlooking the Garavogue River on its way to join the Atlantic.

The following day was yet another fantastic sunny day



Go west: Members of the Retired Nurses and Midwives Section who recently made the trip to the west of Ireland

for our drive to Donegal to catch the waterbus for a cruise around the islands and seal colony of Donegal Bay.

Then it was back to Stranhill for seaweed baths and walks by the sea.

Finally, before our drive back to Dublin on the last day of the trip, we visited WB Yeats' grave at Drumcliff situated under

bare Ben Bulbin's head.
The Cloths of Heaven
by William Butler Yeats

*I would spread the cloths
under your feet,
But I, being poor, have only
my dreams,*

*I have spread my dreams
under your feet,*

*Tread softly because you
tread on my dreams.*