



Supporting Professionals following the sudden death of a child or young person...

FirstLight believes that all professionals should have access to the support and information they need when a child or young person dies suddenly.

This is why FirstLight is here.



**Call us on
1850 391391**



FirstLight

Supporting Suddenly Bereaved Parents & Families

www.firstlight.ie

The death of a child is the worst tragedy that can befall a family. FirstLight knows that this type of trauma can affect professionals working in this area

Professional debriefing can help individuals to speak about the death and each person's involvement and how they are dealing with it. Staff members are often relieved that they are not alone in finding it difficult to process such tragedy.

Professional Support Services are available nationally and are Free of Charge.

1850 391 391

FirstLight Supports

- ✓ National LoCall helpline: 1850 391 391
- ✓ Befriending Service
- ✓ Home visits
- ✓ Crisis Intervention
- ✓ Remembrance Services
- ✓ Counselling for individuals and couples
- ✓ Residential Support Groups
- ✓ Family Support Weekends
- ✓ Counselling for children
- ✓ Book of Remembrance
- ✓ Annual Newsletters
- ✓ Crisis support
- ✓ Safe Sleep for your baby leaflet
- ✓ Sudden Infant Death Model of Care – Model of Care Manual provides guidelines to assist these professionals in caring for bereaved families
- ✓ Training Video for Professional “Sudden Infant Death Syndrome, a Co-ordinated approach for professionals”. This video is suitable for in-service training
- ✓ Speakers for professional and community groups
- ✓ Seminars and information meetings
- ✓ Information Hotline for Professionals – An information hotline for Professionals (available 24 hours a day, 7 days a week) is available on 1850 391 391.

FirstLight are here to support all professionals who deal with parents and families who lose a child suddenly.

**Call us for support and advice
NOW on 1850 391 391**